



REGINA

LUND

***-My life is my greatest piece of art
that I will have created during this specific lifetime-***

-REGINA LUND- Artist, Actor, Visual Artist



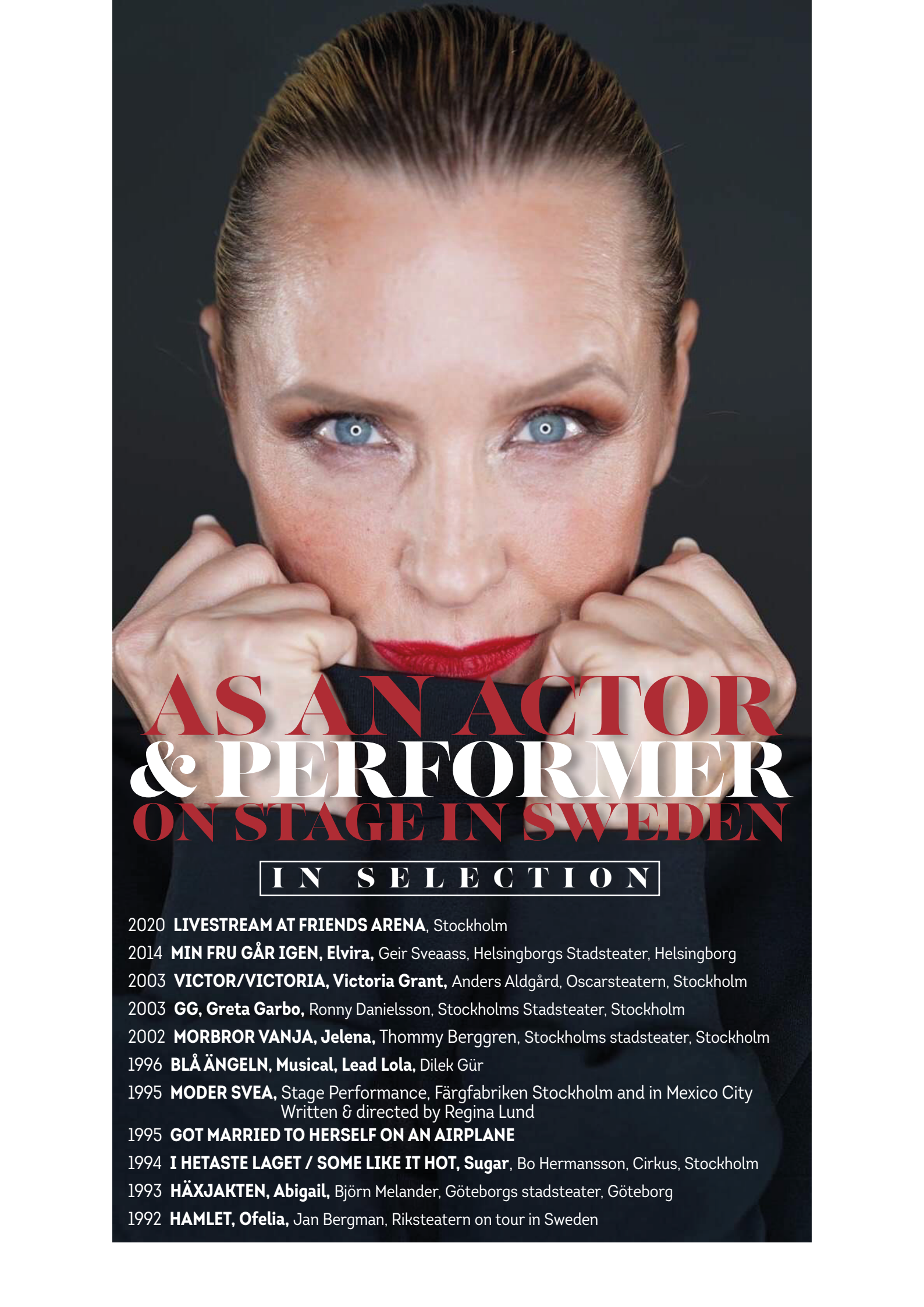
REGINA LUND

IS A SWEDISH GRAMMY NOMINATED RECORDING ARTIST

with 10 albums in her name. She is also a live performer, a singer-songwriter and to this date she has released more than 250 songs. She is an author of 4 books, 25 Productions on digital platforms, 27 art exhibitions and performances. Also an entrepreneur, Regina Lund runs Regina Records, Regina Says Publishing and is CEO of Regina Lund AB. As a Multi Artist she is performing with her own material, as well being a leading actor in musicals, films, tv-series and at theatres all over Sweden. Some may find her controversial, but most know she is a sincere, sensitive and honest artist, who is very true to her heart, art and vision.

REGINA IS AMBASSADOR FOR AMAZON WATCH SWEDEN as well as being a free spirit, and a non-political, engaged citizen, supporting and helping all kinds of peace and charity work. She is giving her time to Greenpeace, Amnesty and puts a lot of work into collecting money for cancer research for Barncancerfonden, Cancerfonden and Bröstcancerfonden (these initiatives mainly operate in Sweden). Regina has also worked as a radio host, dancer and as a comedian in her early career.

Regina Lund's biography ***Jag är Regina Lund*** ("I am Regina Lund") is out now and the book is read by herself. The new Regina Lund 2020 album is called ***"This song will set you free"*** and contains the Swedish song ***Vara ditt hav*** (To be your ocean) which is also the name of **her present exhibition**, where each art piece is inspired by one of her songs, as in her earlier exhibition, *Tid* ("Time") in 2015.



AS AN ACTOR & PERFORMER ON STAGE IN SWEDEN

IN SELECTION

- 2020 **LIVESTREAM AT FRIENDS ARENA**, Stockholm
- 2014 **MIN FRU GÅR IGEN**, **Elvira**, Geir Sveaass, Helsingborgs Stadsteater, Helsingborg
- 2003 **VICTOR/VICTORIA**, **Victoria Grant**, Anders Aldgård, Oscarsteatern, Stockholm
- 2003 **GG**, **Greta Garbo**, Ronny Danielsson, Stockholms Stadsteater, Stockholm
- 2002 **MORBROR VANJA**, **Jelena**, Thommy Berggren, Stockholms stadsteater, Stockholm
- 1996 **BLÅ ÄNGELN**, **Musical**, **Lead Lola**, Dilek Gür
- 1995 **MODER SVEA**, Stage Performance, Färgfabriken Stockholm and in Mexico City
Written & directed by Regina Lund
- 1995 **GOT MARRIED TO HERSELF ON AN AIRPLANE**
- 1994 **I HETASTE LAGET / SOME LIKE IT HOT**, **Sugar**, Bo Hermansson, Cirkus, Stockholm
- 1993 **HÄXJAKTEN**, **Abigail**, Björn Melander, Göteborgs stadsteater, Göteborg
- 1992 **HAMLET**, **Ofelia**, Jan Bergman, Riksteatern on tour in Sweden

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AS AN ACTOR ON TV & MOVIES

IN SELECTION

2019 Television **Mother of lead, GÖSTA**, MEMFIS FILM, HBO, LUKAS MOODYSSON

2018 Television **Emma, BONUS FAMILY**, FLX PRODUCTIONS, FELIX HERNGREN

2017 Television **Stjärnorna på Slottet**, REALITY SHOW

2017 Television **Annie, GABRIEL KLINT**, BLOODY BRILLIANT PRODUCTIONS, PERNILLA ROMARE

2013 Short film **I ett annat liv, THE REBORN**, URBAN BERGSTEN

2012 Animation **Gloria, MADAGASCAR 1, 2, 3**, DREAMWORKS ANIMATION, ERIC DARNELL, TOM MCGRATH

2011 Film **Una, ONE LAST GAME**, AYSSI

2011 Film **Elisabeth Krantz, FÖR KÄRLEKEN**, OSMOND KARIM

2010 Movie **Lead, KLARA**, 2000 BILDER, ALEXANDER MOBERG

2010 Theater **MÄNNISKOR I SOLEN**, GOD, KARL SELDAHL

2009 Television **Lead, THE INSPECTOR AND THE SEA**, TV4, MARCUS VEILER

2007 Television **RAINBOWSTAR** SVT, MELODIFESTIVALEN

2006 Film **Charlotte Dahl, SOLISTERNA**, GEIR HANSTEEN JORGENSEN, FILM PRIX EUROPA WINNER

2004 Movie **Lead, KÄRLEKENS SPRÅK**, OAKHILL PRODUCTIONS, ANDERS LENNBERG

1992-2002 Television **SVT, Lead, Louise Boije af Gennäs REDERIET**, PETER EMANUEL FALCK

2001 Film **Marie, FARLIGT FÖRFLUTET**, OSCAR PETERSSON

2000 Film **Lead, HASSEL - FÖRGÖRARNNA**, SF, MIKAEL HYLIN

2000 Film **Sabina, LIVET ÄR EN SCHLAGER**, SUSANNE BIER

1999 Film **Lead, SJÖN**, SONET FILM, HANS ÅKE GABRIELSSON

1998 Television **Lead, KREUGER**, SVT, LARS MOLIN

1995 Television **Leila Kronlund, RENA RAMA ROLF**, HÅKAN WENNBERG

1981 TV Movie **Carina, VÅRT DAGLIGA BRÖD**, CHRISTIAN LUND

1978 TV- Movie **Little sister, DEN NYA MÄNNISKAN**, CHRISTIAN LUND



Music Videos

- 2020 **Vara ditt hav** NINA DINGIZIAN (REGINA RECORDS)
2019 **It can only be you** IGGI OGARD (REGINA RECORDS)
2018 **The Flood** (REGINA RECORDS)
2017 **Tid** (REGINA RECORDS)
2015 **För mig finns bara du** RICHARD ÖHRN (REGINA RECORDS)
2014 **Supermoon** (REGINA RECORDS)
2010 **Water Me** SAMIR EL ALAOUI (REGINA RECORDS)
2010 **Breathe** ARTUR MOUSTAFA (REGINA RECORDS)
2008 **Living i airports** (REGINA RECORDS)
2007 **Rainbowstar** MELODIFESTIVALEN (SVT)
2006 **Bartender** REGINA LUND (REGINA RECORDS)
2000 **Confused** LARS BETHKE
1998 **We don't need another hero** CHRILLE FORSBERG (WARNER MUSIC)
1998 **Silent Green** CHRIS ANTHONY (WARNER MUSIC)
1997 **Mr Jones** CHRIS ANTHONY (WARNER MUSIC)
1997 **Unique** CHRIS ANTHONY (WARNER MUSIC)

WATCH ON
YOUTUBE
HERE





Discography

- 2020 **This song will set you free** (Regina Records)
- 2017 **Winter is coming** (Regina Records)
- 2013 **Breathe** (Regina Records)
- 2013 **Sunshine Supermoon** (Regina Records)
- 2011 **Living in Airports** (Regina Records)
- 2010 **Return** (Regina Records)
- 2005 **Live in Sweden** (Regina Records)
- 2004 **Everybody's Darling Act 1** (Regina Records)
- 2004 **Everybody's Darling Act 2** (Regina Records)
- 2000 **Year Zero** (Warner Music)
- 1997 **Unique** (Warner Music)

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BOOKS & COMPILATIONS OF POETRY

2020 **JAG ÄR REGINA LUND**

2009 **NOTHING BUT THE VEIL**

2008 **LASERSTRÅLAR** (COMPILATIONS OF POETRY)

2005 **FÖRLÅT, NEJ JAG MENAR AJ!** (COMPILATIONS OF POETRY 1990-2005)

Vårt sanna tillstånd är att vi tycker mer om att ge än att ta.
Vårt sanna tillstånd är att vi har så mycket ljus och glädje
och kärlek i oss att det vill rinna över och ges bort hela tiden.
Vårt sanna tillstånd är att vi känner och vet att vi har allt så
det räcker och blir över.

Jag är Regina Lund är min självbiografi, och med den
vill jag ge dig min berättelse. Om barndomen. Om läng-
tan. Om saknad. Om film. Om musik. Om skådespel. Men
också om så mycket annat. Som kärlek till exempel. När jag
gifte mig med mig själv år 1995 var det en manifestation
för att inspirera människor att älska, respektera och värna
om sig själva och sina drömmar för att sedan kunna leva i
världen i harmoni med allt levande och ge av sin kärlek till
sin nästa och till så många som man önskar, vill och kan
ge sin kärlek till.

Den här boken är som livet och konsten ska vara: sann,
ärlig och äkta – rakt in i alltings essens. Om du gillar boken
kan du väl ge den till en vän? Eller varför inte lämna den
på tunnelbanan till någon främling eller på en plats när du
reser därifrån? Såvida du inte vill läsa den igen. Gör som
du vill! Känn dig fri! Låt den inte stå oläst i en dammig
bokhylla. Låt boken resa.

Under medverkan av Erik Rosqvist

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Regina Lund

JAG ÄR REGINA LUND

Jag är Regina Lund
En biografi



Said about
Regina Lund



"A true star and professional. Regina Lund always combines a unique and impressive style in both acting and music and it is hard not love and believe every second and inch of her so strong presence."

/Mikael Hylin (Director)

"For this woman, there is no such thing as boundaries, or moderation, in terms of creativity, imagination, versatility, loyalty to the project and its colleagues. She delivers what is agreed, gifted, beyond expectations, with humor and sensitivity in the promised time. She sees and notes her employees, their efforts, in all places in a production and invites herself. She is a very beautiful person - both in soul and appearance. She is also equipped with great humor."

/Bengt Bauler (Creative producer and owner of PER SE)

"Even when she's incredibly focused on her task at hand, she made sure we were comfortable and that we always knew exactly who the key players at the facilities were where we were shooting so that we could execute our work. The sign of a true professional that understands both sides of the camera. I'm always impressed with Regina and anyone who works with her will be too."

/Robert Connor (Executive Producer and Director of virtual reality content)

"Collaborating with Regina was not only a great privilege, but also a terribly motivating & educational experience. Full of ideas, visions & feelings, which she humbly brings to the creation. Fantastic."

/Nina Dingizian (Director, actor, Malmö and NYC)

"Regina Lund is an artist whose music comes straight from the heart. The "Living in airports" record we made together is something I am very proud of."

/Jimmy Lagnefors (Film Composer / Screenwriter and Music Producer)

"Regina is a real ensemble actor who shares her big heart with all her employees. Regina is an artist and fiery soul who spreads warmth and professionalism to everyone around her. Regina really cares about her employees and is through professional in her work."

/Lasse Melin (Theater Director at Smålands Musik och Teater)

"Regina is a circus horse, a born performer. Always gives 100% for the project, but always in sync and in solidarity with the team and ensemble. Leading role or supporting role, but always with a focus on the result."

/Anders Lennberg (Director of Regina in "Rederiet" and controversial and rewritten "Love language" that has spread around the world)

"Regina is a mix of m Monroe and Einstein! Wise humorous generous and super professional. She easily balances between tragedy and comedy. It's a joy to work with her!"

/Tintin Anderzon, (Actor and musician)

"Regina is loyal, hardworking and really wants everyone's best. In the hands of the right director, she is an absolutely fantastic actress who has so much to tell. She has a rich register that oscillates between deepest sorrow, to exuberant joy and warmth. Personally, I would like to see her in a really meaty role as a stubborn villain. She also writes amazing lyrics and her first records that she made together With Johan Norberg are real gems."

/Lars Bethke, (Actor)

"Regina is a person who gets involved in every project she takes on. She lives for acting and always sees potential in the world around her. During the months I have worked with Regina, she has made a strong impression on me, and shown me that she works hard, never gives up and really values her artistic work in theater, music and art. Regina is a person who inspires and motivates many! I have personally seen that she is a strong woman who always delivers professionalism in front of the camera, regardless of what is going on around her. A real performer who never loses focus!"

/Stephanie Dahlström (Head of Content Artportable AB)

"I directed Regina in Censor and it was a very developing and inspiring collaboration and hope to be able to do it again. Always contributing and with an artistic look at the work."

/Sven Ahlström (Director)

VISIT
**ART
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**"Everything is part
of my art,**

my music, my lyrics, my poetry, my books, my words, albums, the characters I play, the perfume I wear, the makeup, the no make-up, the hair, the non- hair, clothes I wear (design), my travels, my interaction with humans, animals, nature- all of my life, the blood running through my veins.

- All is art and art is all. My life is my greatest piece of art that I will have created during this specific lifetime."

CONTACT
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